

# Cranstoun

Empowering People, Empowering Change

**Is your drinking  
damaging your health?**

**You don't have to cope alone.**

Reach out to your local Cranstoun Worcestershire service for confidential support.

**Text: SUPPORT to 62277**

**Scan: the QR Code**



**0300 303 8200**  
**cranstoun.org/WORCS**

Registered Charity No: 1061582

