CRANSTOUN

Empowering People, Empowering Change

Every family deserves support at their time of need

Cranstoun supports people affected by a loved one's drinking or drug use in Worcestershire.

T: 0300 303 8200
E: worcs@cranstoun.org.uk

cranstoun.org

You don't have to cope alone.

How we help

Is someone else's alcohol or drug use affecting you? Cranstoun Worcestershire offers advice, support & guidance for family members & friends to cope with someone else's substance use through our **Family Support Service**.

Alcohol and drug use can greatly impact individuals, families & communities. Our service is for both young people (under 18) & adults.

Cranstoun operates our services & interventions across all six Worcestershire districts.

What we offer

We know helping someone who uses drugs or alcohol problematically can be very difficult. You may feel alone, or that you have tried everything to help. Cranstoun offers:

- a free & confidential Family Support Service
- one-to-one support
- a safe & supportive environment
- someone to talk to who will understand
- ideas how to manage the situation
- ideas how to restore balance in your own life
- support for you to help your loved one
- signposting to other services
- young people specialist advice & support

Family Support Service Worcestershire

T: **0300 303 8200**

Castle House, 14 Castle Street

Worcester WR1 3AD

Visit our website at:

cranstoun.org

Opening hours

We're open Monday to Friday 9am – 5pm.