

Useful contacts

Cranstoun Inspire, Sutton

020 8773 9393

cranstoun.org/inspire-sutton

Cranstoun Here4YOUth, Sutton

020 8773 9393 | cranstoun.org/here4youth-sutton

SWLSTG Mental Health Crisis Line - (24/7)

0800 028 8000 | www.swlstg.nhs.uk

Sutton Uplift - *mental health team*

0800 032 1411 | www.suttonuplift.co.uk

Sutton Mental Health Foundation (*Belmont*)

020 8770 0172 | <https://smhf.org.uk/>

Samaritans

116 123 | www.samaritans.org

National Gambling Helpline

0808 8020 133 | www.gamcare.org.uk

Sutton Housing Advice

020 8770 5000 | www.sutton.gov.uk/info/200502/housing_advice_and_options

SPEAR - *rough sleepers hotline*

0300 500 0914

Crisis Homelessness Support - Croydon Skylight Centre
020 3848 1700

National Domestic Violence Support
0808 2000 247

Cruse Bereavement service
0808 8081 677

Get Set UK - *employment support*
0203 905 6833 | <https://getsetuk.co.uk/>

Sutton Sexual Health Team
020 8296 3910

Mutual Aid

Alcoholics Anonymous
0800 917 7650
www.alcoholics-anonymous.org.uk

Cocaine Anonymous
0800 612 0225
www.cauk.org.uk

Narcotics Anonymous
0300 999 1212
www.ukna.org

Mutual Aid

Marijuana Anonymous
0300 124 0373
www.ma-uk.org

Families Anonymous
0207 4984 680
<https://famanon.org.uk/>